

Cerebral Palsy Awareness Month

March 2020

Cerebral Palsy is a group of disorders that affect movement, balance & posture

Causes of cerebral palsy

Cerebral (brain) Palsy (weakness) is usually the result of abnormal brain development or damage to the developing brain.

most common motor disability

Cerebral Palsy is the most common motor disability in childhood. Some types of CP also affect intellectual & developmental capability.

There are 4 main types of CP

- Spastic - causes stiff muscles
- Dyskinetic - involves slow, uncontrollable jerky movements
- Ataxic - affects balance & depth perception
- Mixed - a mix of symptoms

About 80% of people with Cerebral Palsy have spastic cp

Spastic CP is characterized by stiff muscles (mainly in the arms & legs) and awkward movements. People with Spastic CP have difficulty walking. t 80% of people with Cerebral Palsy have spastic cp

Mixed Cerebral Palsy

Some people have "mixed CP," which means they have more than 1 type of CP. Spastic-dyskinetic Cerebral Palsy is the most common mixed CP.

<https://www.cdc.gov/ncbddd/cp/facts.html>